

Church Aston Infant School



Sport and Physical Education Policy

December 2017

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AIMS AND OBJECTIVES

Sport and physical education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, games, gymnastics, swimming and water safety, athletics and outdoor adventure activities. Physical education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle.

The aims of sport and physical education (PE) are:

- to enable children to develop and explore physical skills with increasing control and coordination;
- to encourage children to work and play with others in a range of group situations;
- to develop the way children perform skills and apply rules and conventions for different activities;
- to increase children's ability to use what they have learnt to improve the quality and control of their performance;
- to teach children to recognise and describe how their bodies feel during exercise;
- to develop the children's enjoyment of physical activity through creativity and imagination;
- to develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.

TEACHING AND LEARNING STYLE

At Church Aston Infant School we use a variety of teaching and learning styles in Sport and PE lessons. Our principal aim is to develop the children's knowledge, skills and understanding and we do this through a mixture of whole class teaching and individual/group activities. Teachers draw attention to good examples of individual performance as models for the other children and we encourage the children to evaluate their own work as well as the work of other children. Within lessons we give the children the opportunity both to collaborate and to compete with each other, and they have the opportunity to use a wide range of resources.

In all classes there are children of differing physical ability. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. We achieve this through a range of strategies:

- setting common tasks that are open ended and can have a variety of results;
- setting tasks of increasing difficulty, where not all children complete tasks;
- grouping children by ability and setting different tasks for each group;
- providing a range of challenges through the provision of different resources, e.g. different gymnastics equipment.

SPORT and PE CURRICULUM PLANNING

PE is a foundation subject in the National Curriculum. As required, we teach dance, games and gymnastics at Key Stage 1. In addition the Local Authority makes provision for swimming sessions for half a term during each academic year.

Planning

The school has a long term plan for PE to ensure coverage during the academic year.

The school provides 2 hours of physical activity for each pupil each week.

The school uses a variety of resources for curriculum guidance including expertise from Telford and Wrekin Sports Partnership.

Medium term and weekly plans are created to deliver the Sport and PE curriculum objectives.

Extended Schools

The school gives all pupils the opportunity to take part in the following after school clubs;

- Tennis
- Multi-sports
- Football
- Games / Change4Life

Teaching Provision

Teaching of dance, gymnastics, games and sports activities is delivered by teachers.

Teaching of swimming is delivered by trained coach from Newport Swimming Pool.

THE FOUNDATION STAGE

We encourage the physical development of our children in the Reception class as an integral part of their work. As the Reception class is part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

CONTRIBUTION OF PE TO TEACHING IN OTHER CURRICULUM AREAS

Personal, social and health education (PSHE) and citizenship

Sport and PE contributes to the teaching of personal, social and health education and citizenship. Children learn about the benefits of exercise and healthy eating, and how to make informed choices about these things.

Spiritual, moral, social and cultural development

The teaching of PE allows children to work together, discussing their ideas and performance and developing a better understanding of themselves and others. Their work in general enables them to develop a respect for other children's levels of ability, and encourages them to cooperate across a range of activities and experiences.

Through the Telford and Wrekin Sports Partnership children at Church Aston Infant School have the opportunity to take part in Sporting events in the wider community. This broadens their experience and gives them the opportunity to compete and work alongside other children of the same age.

TEACHING PE TO CHILDREN WITH SPECIAL NEEDS

At our school we teach PE to all children, whatever their ability. PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PE teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs.

When progress falls significantly outside the expected range, the child may have special educational needs.

Our assessment process looks at a range of factors – classroom organisation, teaching materials, teaching style, and differentiation – so that we can take some additional or different action to enable the child to learn more effectively. This ensures that our teaching is matched to the child's needs.

We enable pupils to have access to the full range of activities involved in learning PE. Where children are to participate in activities outside our school, for example, a sports event at another school, we carry out a risk assessment prior to the activity, to ensure that the activity is safe and appropriate for all pupils.

ASSESSMENT AND RECORDING

Staff at Church Aston Infant School assess children's work in Sport and PE by making judgements as they observe them working during lessons. They record the progress made by children against the learning objectives for their lessons. In particular instances, photographic evidence of activities will be collected e.g. sports days, dance activities etc. Teachers will also meet when necessary to review individual evidence of children's work against the national exemplification material.

RESOURCES

There are a range of resources to support the teaching of PE across the school. We keep most of our small equipment in the PE store, and this is accessible to children only under adult supervision. The Village Hall contains a range of large apparatus, and we expect the children to help set up and put away this equipment as part of their work. By so doing, the children learn to handle equipment safely. The children use the playground (Tiger Turf surface) for games and athletics activities and the local swimming pool for swimming lessons.

HEALTH AND SAFETY

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. Teachers set a good example by wearing appropriate clothing when teaching PE. The policy of the governing body is that no jewellery is to be worn for any physical activity.